

THE PACIFIC EXPRESS



MARCH 26, 2021 - ISSUE 24

COMMAND CONNECTION

- Cdr Stephan Gresmak, CO RCSU (Pac)

This week [CANCDTGEN 002/21](#) was released, canceling any overnight in-person summer training courses in summer 2021.

I know that this may be upsetting to many of you and your cadets, especially those who are nearing the end of their tenure as cadets or staff, but it's the right thing to do and, with the decision being made now, we will be able to focus on planning and delivering an outstanding summer program. Your Area OCs and Zone Training Officers have answers to any questions you may have, and I encourage you to reach out. However, the announcement is just the first part of the process. Planning will take some time and although we now know what will NOT happen this summer, I'll ask for your patience as we develop activities and options for the region.

I would like to thank all of the staff and staff cadets that worked hard to put together an excellent virtual Spring Break CAP. By all accounts, the material was engaging, informative and fun - exactly what we want our program to be. For some cadets, this was their first experience engaging in the Cadet Program outside of their units, and it was a fantastic success. I know that there were many staff working behind the scenes, both in preparation and in administrative, instructional, public affairs and IT support, and I want to acknowledge everyone's efforts in coming together to make this happen, well done.



**CMDRE KURTZ HAS RELEASED A VIDEO
DETAILING THE CHOICE TO CANCEL
OVERNIGHT IN-PERSON ACTIVITIES
FOR SUMMER 2021, TO HEAR
DIRECTLY FROM HER, [CLICK HERE.](#)**

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**STAY
SAFE**

BRAVO-ZULU!

Captain Chris Bishop received the first clasp on his Canadian Decoration for 22 years of service during the RCSU (Pac) Townhall on February 24.

Congratulations to **Major Derrick Gee** on the new addition to his family! Baby Maetia Josephine Gee was born on March 3.



RETURN TO IN-PERSON TRAINING

With the easing of Provincial Health Restrictions, we are now allowing in-person, outdoor training for up to 10 people. Staff are reminded that activities still have to be approved, please check with your Zone Trg O before engaging in any in-person activities.

CADET 365



Full-time staff recently had a briefing about the rollout of Cadet 365 and the various features that will be offered. Want to keep up on the latest info? Check it out here: www.canada.ca/cadet-365

SPRING BREAK CAP A SUCCESS!

In the first week of Spring Break CAP, an average of 220 cadets logged on each day to build skills and learn new things. Highlighting the two-week programs were the CAF Famil visits with Op PALACI staff, a tour of 19 Wing Search & Rescue Ops and gliding ops, and a tour of the B.C. Legislature with MLA (Maj) Dan Davies.



PUBLIC AFFAIRS

Vimy Day - Cadets Canada and BC Cadets will be commemorating The Battle of Vimy Ridge on April 9, 2021. We would love for you, and your cadets, to participate. We're accepting two types of submissions this year, which will be featured on BC Cadets Facebook and Instagram Stories, as well as Cadets Canada's Stories.

- 1) Photo:** Submit a photo of yourself holding a candle, similar to last year.
- 2) Video:** Submit a video of yourself, stating your name and unit, and a fact about Vimy, or why you remember it. Example: "My name is Cadet MCpl Bloggins, from 1234 PPCLI RCACC in Nowhereville, BC. Our affiliated unit, the PPCLI, was a part of the Canadian Corps which captured Vimy Ridge on April, 9 1917. Today, I remember them."
- 3) Technical Specifications:** As the photos/videos will be used in Stories - please shoot photos/videos in portrait orientation (phone/camera is vertical). Double-check resolution settings so your camera is at it's highest quality - 1080X1920 is preferred!
- 4) Dress:** The preferred dress is 1A/C1. We understand that uniforms may be a challenge for some cadets - and we do not want this to be a barrier to participating, so appropriate civilian clothing will also be accepted for cadets.

To participate, email photos/videos to paccadets@gmail.com *before* April 9, 2021.



[@BCCadets](#) [@CadetsCA](#)
[@CadetsCB](#) [@CadetsCAN](#)



[@BC_Cadets](#) [@CadetsCA](#)
[@CadetsCB](#) [@CadetsCAN](#)



[@CORCSUPac](#)
[@ComdCJCR](#)

NIJMEGEN VICTORY MARCH!

Cadets and staff are invited to participate in the Victory March May 1-9. See the flyer for more information and yes, wearing of uniforms is permitted!

[Click Here to Register!](#)



VICTORY MARCH

PRESENTED BY MILITARY PERSONNEL COMMAND

Join us this May in celebrating the history of friendship between the Netherlands and Canada as we march together in support of Boomer's Legacy!

Each year, a contingent of the Canadian Armed Forces attends the Four Day Marches in Nijmegen, Netherlands to participate the largest multi-day march in the world. This year the Victory March, presented by Military Personnel Command (MILPERSCOM), invites Canadian Armed Forces members, Defence community and their families to lace up with all Canadians to honour our history while supporting our Canadian Armed Forces members in providing humanitarian support both at home and abroad.

DATES: MAY 1-9, 2021

*your choice of any two days of where and when you would like to march

EVENTS:

| | |
|---------|---|
| 2x 2km | Boomer's Legacy Family March |
| 2x 5km | Friendship March |
| 2x 10km | Gift of the Tulips March |
| 2x 20km | Liberation March |
| 2x 20km | JTF Nijmegen Commander's Challenge (with 10kg weight) |

REGISTRATION:

Early Bird Pricing (until April 1)

Individual \$15

Family \$40

Regular Pricing (after April 2nd)

Individual \$20

Family \$50

CLASS ACTION LAWSUIT INFO

Are you a current or former CAF member, or current or former DND/SNPF, CF employee who experienced sexual harassment, sexual assault, gender or LGBTQ2S+ discrimination in a military workplace?

You may be eligible for financial compensation and to participate in a Restorative Engagement program.

Êtes-vous un(e) membre ou ex-membre des FAC ou un(e) employé(e) ou ex-employé(e) du MDN/PNFP, FC qui a vécu du harcèlement sexuel, une agression sexuelle ou de la discrimination genrée ou LGBTQ2S+ dans un milieu de travail militaire?

Faites une demande d'indemnisation financière et participez à un programme de Démarches Réparatrices.



1-888-626-2611

Learn more about the settlement and your legal rights and options
www.caf-dndsexualmisconductclassaction.ca

Renseignez-vous sur le règlement, vos droits légaux et vos options
www.fac-mdnrecourscollectifinconduitesexuelle.ca



RESOURCES

Lastly, remember that your community is here for you. Reach out, check on your friends, and know you are not alone.

CFMAP - 1-800-268-7708

Family Info Line - 1-800-866-4546

Kids Help Phone - 1-866-668-6868

CAF Kids - text CAFKIDS to 686868

