

THE PACIFIC EXPRESS



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COMMAND CONNECTION

- LCol Neville Head, A/CO RCSU (Pac)

Welcome to 2021! I hope that you all had a restful holiday season and are ready to put your minds to Spring and Summer training. Although we are still restricted in our ability to meet, there is a light at the end of the tunnel and we are actively planning for a return to in-person training. However, it is important for corps/squadron COs to understand that no in-person activities may be conducted until such time as the authorization to do so is issued by the Fmn Comd and communicated from the RCSU (Pac) staff. To be clear, previously-approved activities are not automatically approved to commence with changes to provincial health orders.

We continue to actively plan for Spring Break, and you can find more information about CTC employment opportunities in this month's routine orders. Your ongoing support, creativity and efforts in delivering virtual activities to maintain cadet engagement is much appreciated. Please continue to put forward the efforts that we have seen over the past several months - you are truly making a difference for those cadets who are engaged in the activities that are being offered.

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**Do you enjoy reading
the Pacific Express?**

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story ideas to
paccadets@gmail.com**

BRAVO-ZULU!



Former Army Cadet League Directors Louise & Roger Prouse (also a retired CAF member of the COATS Branch) were recently recognized with the Canada Sovereign's Medal for Volunteers. Bravo Zulu and a huge thank-you to these outstanding supporters of the Cadet Program. Read more about this [here](#).

WELCOMES & DEPARTURES

Sgt Lila Besse recently retired from the CAF and her position at Det Chilliwack. Sgt Besse joined the CAF in the Regular Force as a supply technician in 1986 and then transferred to the RCSU establishment in 2000, working tirelessly behind the scenes to ensure all new CIC pers uniform needs were met and provided support to local training throughout the Lower Mainland. Sgt Besse also assisted with Log Sp delivery at CTCs.

The knowledge and skill she brought to the CCO will be difficult to replace. We wish Sgt Besse all the best in beginning this new chapter of life.



Lt Erika Justason joins RCSU (Pac) in Victoria as the backfill for the Reg Trg O (RDA - Discretionary) position. Though originally joining the CCO as a Civilian Music Instructor in 2013, she has since put on the uniform and explored various positions at the CTC, Regional, and local corps/squadron level. When she is not busy teaching music to cadets, Lt Justason can be found hiking different trails with her dog Radar, or on stage with various symphonies performing in the percussion section.

VERNON UPDATE

Vernon CTC has been getting some upgrades this winter, with the Cadet Canteen "Club Oasis" moving to a better location on the camp that provides a bigger garden area, offering more than just Mod Tent and gravel. The old building (pictured) is being torn down to make way for a new MIR facility closer to the centre of the Garrison (H Hut) side of camp. The new canteen should be ready for any 2021 CTC activity; design, planning and construction of the new MIR will begin this Spring.



CADET TRAINING OPPORTUNITIES

Registration is now open for Level/Phase 5 workshops and the Cadet Correspondent Workshop. Please encourage your cadets to take advantage of these virtual training opportunities!



RESOURCES

Lastly, remember that your community is here for you. Reach out, check on your friends, and know you are not alone.

CFMAP - 1-800-268-7708
Family Info Line - 1-800-866-4546
Kids Help Phone - 1-866-668-6868
CAF Kids - text CAFKIDS to 686868

