

THE PACIFIC EXPRESS



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COMMAND CONNECTION

- Cdr Steph Gresmak, CO RCSU (Pac)

Last weekend we welcomed more than 100 corps and squadron COs to the second annual regional conference. This year's event was delivered virtually, and had a different focus in adapting to the COVID environment, but by all accounts it was a success and everyone came away with more information and resources for success in the coming year.

As much as we are all excited to start another training year, I must remind you that 1 October is the first opportunity to hold face-to-face trainings, not a goal date for restarting full parade nights. I cannot stress enough that this year will be different, you should not expect, or try, to offer a full training program. Patience is the key for this year - with yourselves, the training program, your cadets and their families.

You must also remain flexible, and I will remind you of the term Flexecute. Be prepared to adapt as we move through stages and restrictions in this pandemic; it is better to be cautious than to take any unnecessary risks, and keep in mind that the primary aim of our pandemic response is to ensure that the Cadet Program is not a vector for spreading this disease.

Finally, communication is the key through all of this. Choose to over communicate with your staff, cadets and families, and remember to gather feedback where you can. Positive receipt of information is more important than a strict implementation of the chain of command or a reliance on previous communication styles.

This was my first opportunity to meet many of you, and I was pleased to be able to present several certificates and commendations, which are listed below. I am sure that there are many more staff worthy of recognition and I encourage you to regularly submit nominations. I certainly hope that CPO1 Miller and I will be able to visit many of you in person when it is safe. In the meantime, please do not hesitate to reach out to us.

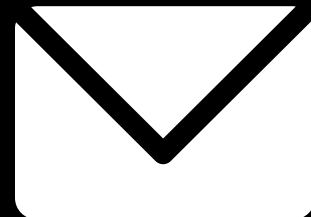
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MESSAGE FROM THE COMMANDER -

BGen Cochrane and CWO Crawford provided an address to staff at the CO's Conference, you can view the video on [YouTube](#) here:

https://youtu.be/JK_onbAqs-k



CHIEF'S CORNER

- CPO1 Mike Miller, RCWO

Greetings from the Chief's Corner.

In an effort to better know and understand the cadets across B.C. I have initiated a call out to the senior cadet from each of our corps and squadrons to send me an e-mail, at Michael.Miller8@forces.gc.ca, introducing themselves and telling me a little bit about their unit. I have been very happy with the responses I have received so far and I am in constant awe of the numerous initiatives that our senior cadets are tackling within their units, their communities, and in their own professional development.

I hope this initiative will open up more direct lines of communication, not just with myself as your Regional CWO, but amongst yourselves, sharing lessons learned and improving the program collectively. A lot of the initial feedback spoke to maintaining motivation and recruiting the next generation of cadets within the current restrictions on face to face activities. Together, we will tackle these issues and I am confident that our senior cadets will be at the forefront getting us through the coming year. Keep the letters coming; I will endeavour to reply to all of them personally and once we have a solid list I will broaden the distribution and communicate en-masse.

There has been some discussion about the English names for our junior sailors, following the announcement that the RCN is changing the term Seaman to Sailor, in order to be gender neutral and more inclusive of all the amazing people that are serving. In the case of the sea cadets, and in accordance with [Queen's Regulations and Orders for Canadian Cadet Organizations - Chapter 4.10](#) the official titles for our Junior Cadets have always been Ordinary Cadet, Able Cadet and Leading Cadet, all of which are already inclusive. Although the RCN terms have been used by corps across the country, the current direction is that, effective immediately, all cadet ranks shall follow the direction as provided in QR Cadets. Additionally the rank of Master Cadet for Sea Cadets, Flight Corporal for Air Cadets and Lance Corporal for Army Cadets shall be authorized in order to ensure cadets from all three elements progress in the same manner.

I look forward to hearing from our senior cadets and to virtually meeting more of you in the near future.

HONOURS & AWARDS

The following personnel were recognized during the CO's Conference, full citations will be available in the October MROs:

Commanding Officer's Certificate of Appreciation

Lt(N) Jeff Baxter, 858 RCACS
Capt Jessica Ellenor, 1787 RCACC
Mrs Theresa Lee, Parent at 204 RCACS
Capt Helon Li, 59 RCACS
CI Daniel Richard, 54 RCACC
Lt Shawn Wade, 2472 RCACC
Capt Jay Williams, 3066 RCACC

Commanding Officer's Commendation

Capt Robert Benson, 363 RCACS
Lt(N) Melanie Kerr, 93 RCSCC
Lt(N) Brittany Thurber, 296 RCSCC
Capt Andrew Tomlinson, 2618 RCACC
Capt Becky Tse, 888 RCACS

BRAVO-ZULU!

Capt Hethar McIntosh was recognized by the Army Cadet League with the inaugural ACL BC Branch Officer Sword of Excellence for her outstanding work with 3063 RCACC in Enderby.

Capt Chris Shewchuk was a key player in Dr. Bonnie Henry's communications strategy during the early stages of the pandemic in B.C. [Check out the Royal Roads alumni story here.](#)

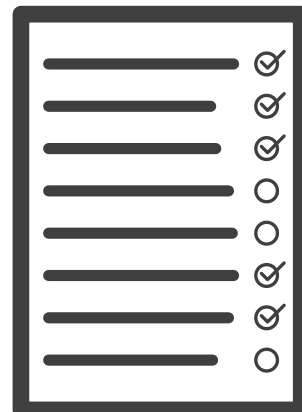
Volunteer Mrs Agnes Keegan celebrated her 100th birthday, and more than 40 years of service volunteering with 2290 RCACC [check out her story here!](#)

Lt(N) Heather and Lt(N) Tim Pichaloff welcomed a second daughter, Alice Bethany Pichaloff, on 26 July. Congratulations the the family!



TASK ORDER 002 UPDATE

On Wednesday, 16 September a FragO was issued for Task Order 002. This order clarifies some of the intent in moving forward with online and in-person training for cadets, as well as community service and fundraising activities for the 2020-21 training year. Staff are reminded to read the FragO and to work with their Zone Trg Os in planning and approving activities.



PUBLIC AFFAIRS



Salute to Staff - [check out our latest story](#) on Capt Kaj Boysen - CO of 835 Griffon RCACS, and Paramedic with B.C. Ambulance!

Be sure to tell us if there's someone you think should be featured in this celebration of the diverse skill set in the CIC Branch.

Tribute Tuesday - As we move into the Fall training period, there are probably several cadets that performed well over the summer, worked hard to keep cadets connected at home, or just kept up a positive attitude. We want to hear about them for Tribute Tuesday, a recognition of all the types of leadership cadets display! Email a quick summary of your cadet to paccadets@gmail.com

Use of Badges and Crests -During the CO's conference we announced that the Canex now has a kit shop, which includes NCJCR Sp Gp, RCSU and JCR-branded items, and that this should be the only source where these items are purchased. Cadet "swoosh" branded items will also be added here soon. This kit shop should be the only point of purchase for items branded with these identifiers.

The discussion led to questions about the appropriate use of corps and squadron badges and crests, or those of their affiliated units, on items that are produced for cadets and parents, or for public consumption. A branding guide regarding the appropriate use of imagery is being prepared, but in the meantime, the following references apply to this discussion:

- [Heritage Manual - Chapter 6, Sections 10-13](#)
- [Intellectual Property - Policy on Crown Copyright](#) (Exemptions to when you do not need permission).

The authority for permission to use any cadet corps, squadron or elemental crests is the NCJCR Sp Gp.

In general, cadet corps and squadron crests, the Royal Canadian Sea Cadet, Royal Canadian Army Cadet, and Royal Canadian Air Cadet logos, can be used on locally produced merchandise that is provided to cadets or stakeholders for free or at cost, as long as the items are in good taste. You may not put any of these identifiers on items that are sold for profit internally, or especially for external fundraising.

Please note that army cadet corps with affiliated regiments must use an amended version of any regimental identifiers, so that there is no confusion. Generally, this would be an added scroll with the word Royal Canadian Army Cadets, or something similar, and may be used in the same way as detailed in the above paragraph. Items with regimental identifiers should generally be purchased through the appropriate regimental association kit shop, and may not be used for profit purposes in any way.

If you have any questions about the appropriate use of badges or crests for social media, websites or other items, please contact your regional public affairs team.



[@BCCadets](#) [@CadetsCA](#)
[@CBCadets](#) [@CadetsCAN](#)



[@CadetsCA](#)
[@CadetsCAN](#)



[@CORCSUPac](#)
[@BCCadets](#)

CADET HISTORY

Did you know that many air cadet squadron crests are created by cadets? Each air cadet squadron should have its own crest and until such time as they do, they use the Air Cadet League of Canada crest. The squadron crest is unique to each unit and needs to meet certain criteria, and fit within a provided template.

The squadron may determine the wording within the circles and the graphics within the centre of the crest. It is important to have good contrast between the background and the words within the circles. The design also needs to have a connection to the squadron name and/or location. Designs often capture trends or scenes of the day, such as the crest for 59 RCACS which shows the Vancouver skyline at the time of charter.

A number of squadrons use designs that have been created by a cadets or a team of cadets, such as the original hand-drawn crest for 582 Panda RCACS in Keremeos.

Completed designs are sent to the Air Cadet League of Canada for approval, and then forwarded to DND for their approval as well. The crest remains the property of the Air Cadet League of Canada, and may not be worn on cadet uniforms.

- Submitted by Mr. Mike Symons, ACL BCPC



RESOURCES

Lastly, remember that your community is here for you. Reach out, check on your friends, and know you are not alone.

- CFMAP - 1-800-268-7708**
- Family Info Line - 1-800-866-4546**
- Kids Help Phone - 1-866-668-6868**
- CAF Kids - text CAFKIDS to 686868**

