

The Sailor's Psalm

They that go down to the sea in ships
and occupy their business in great waters;
these men see the works of the Lord and His wonders in the deep.
For at His word the stormy wind ariseth which lifteth up the waters thereof.
They are carried up to heaven and down again to the deep;
their soul melteth away because of the trouble.
They reel to and fro, and stagger like a drunken man, and are at their wits' end.

So when they cry unto the Lord in their trouble,
He delivereth them out of their distress.
For He maketh the storm to cease so that the waves thereof are still.
Then are they glad because they are at rest;
and so He bringeth them unto the haven where they would be.

(Psalm 107, verses 23-30)