



Effective: 20 Aug 2017

| 4 Sep 2017 |         |  |             |           |
|------------|---------|--|-------------|-----------|
| •          | PO/EO   | DESCRIPTION  | INSTRUCTOR  | CLASSROOM |
|            | M107.01 | Participate in a Discussion on Phase I Training                | Phase Trg O |           |
| PHASE I    | M107.04 | State the Aims and Motto of the Sea Cadet Program              | Phase Trg O |           |
|            | M103.01 | Identify the Responsibilities of a Follower in a Team          | Phase Trg O |           |
|            |         |  |             |           |
|            | M207.01 | Identify Phase II Training Opportunities                       | Phase Trg O |           |
| PHASE II   | M207.03 | Recognize the Role and Responsibilities of the Local Sponsor   | Phase Trg O |           |
|            | M207.02 | Recognize Historical Aspects of the Royal Canadian Sea Cadets  | Phase Trg O |           |
|            | M307.01 | Identify Phase III Training Opportunities                      | Phase Trg O |           |
| PHASE III  | M307.03 | Recognize Partnership Between the NL and DND in Support of CCM | Phase Trg O |           |
|            | MX04.03 | Identify Strategies for Improving Personal Physical Fitness    | Phase Trg O |           |
|            |         |  |             | _         |
|            | M407.01 | Identify Phase IV Training Opportunities                       | Phase Trg O |           |
| PHASE IV   | M403.01 | Describe Needs and Expectations of Team Members                | Phase Trg O |           |
|            | M408.01 | Discuss Commanding a Division on Parade                        | Phase Trg O |           |

| 1 Sep 2017 |         |   |               |                 |
|------------|---------|---|---------------|-----------------|
|            | PO/EO   | DESCRIPTION   | INSTRUCTOR    | CLASSROOM       |
|            | M121.01 | Tie Knots, Bends and Hitches 1/4                                    | PO1 Grondin M | Mess Deck       |
| PHASE I    | M121.01 | Tie Knots, Bends and Hitches 2/4                                    | PO1 Grondin M | Mess Deck       |
|            | M108.01 | Positions of Attention / Stand at Ease / Stand Easy                 | PO1 Grondin C | Main Deck       |
|            | MX04.02 | Identify Strategies to Improve Participation in Physical Activities | PO1 Lynes     | Main Deck       |
| PHASE II   | MX04.03 | Identify Strategies for Improving Personal Physical Fitness         | PO1 Lynes     | Main Deck       |
|            | M208.02 | Form Single File from the Halt                                      | CPO Yaeger    | Outside         |
|            | M308.01 | Prepare a Squad for Parade 1/3                                      | PO1 Rhode     | First Aid       |
| PHASE III  | M308.01 | Prepare a Squad for Parade 2/3                                      | PO1 Rhode     | First Aid       |
|            | M308.01 | Prepare a Squad for Parade 3/3                                      | PO1 Rhode     | First Aid       |
|            | -       |   |               |                 |
|            | M403.02 | Select a Leadership Approach 1/2                                    | CPO Lawless   | Navigation Room |
| PHASE IV   | M403.02 | Select a Leadership Approach 2/2                                    | CPO Lawless   | Navigation Room |
|            | M408.02 | Identify Parade Sequence  | PO1 Martin    | Nav Room        |





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| -          | PO/EO       | DESCRIPTION  | INSTRUCTOR     | CLASSROOM      |
|            | M107.02     | Identify Sea Cadet and Naval Officer Ranks                 | PO1 Rhode      | First Aid Room |
| PHASE I    | M107.03     | Observe Rules and Procedures for the Paying of Compliments | PO1 Tateham    | First Aid Room |
|            |             | CO's Parade  | Coxn           | Main Deck      |
|            |             |  |                |                |
|            | M203.01     | Discuss Leadership Within a Peer Setting                   | PO1 Martin     | Mess Deck      |
| PHASE II   | M203.02     | Discuss the Principles of Leadership                       | CPO Jeager     | Mess Deck      |
|            |             | CO's Parade  | Coxn           | Main Deck      |
|            |             |  |                |                |
|            | M303.01     | Define the Role of a Team Leader 1/2                       | PO1 Grondin, M | Seamanship     |
| PHASE III  | M303.01     | Define the Role of a Team Leader 2/2                       | PO1 Grondin, M | Seamanship     |
|            |             | CO's Parade  | Coxn           | Main Deck      |
|            |             |  |                |                |
|            | M409.01     | Idenfity Methods of Instruction 1/2                        | PO1 Grondin, C | Nav room       |
| PHASE IV   | M409.01     | Idenfity Methods of Instruction 2/2                        | PO1 Grondin, C | Nav room       |
|            |             | CO's Parade  | Coxn           | Main Deck      |

| Oct 2017  |         |   |                |                 |
|-----------|---------|---|----------------|-----------------|
|           | PO/EO   | DESCRIPTION                               | INSTRUCTOR     | CLASSROOM       |
|           | M108.03 | Execute Turns at the Halt                 | CPO Dunbar     | Main Deck       |
| PHASE I   | M108.02 | Execute a Salute at the Halt Without Arms | CPO Dunbar     | Main Deck       |
|           |         | Divisional Officer Period                 | Div O          |                 |
|           |         |   |                |                 |
|           | C203.03 | Discuss Characteristics of a Leader       | CPO Jaeger     | Mess Deck       |
| PHASE II  | C203.03 | Discuss Characteristics of a Leader       | CPO Jaeger     | Mess Deck       |
|           |         | Divisional Officer Period                 | Div O          |                 |
|           |         |   |                |                 |
|           | M309.01 | Explain the Principles of Instruction 1/2 | PO1 Grondin, C | Navigation Room |
| PHASE III | M309.01 | Explain the Principles of Instruction 2/2 | PO1 Grondin, C | Navigation Room |
|           |         | Divisional Officer Period                 | Div O          |                 |
|           |         |   |                |                 |
|           | M403.03 | Motivate Team Members 1/2                 | PO1 Erhart     | First Aid Room  |
| PHASE IV  | M403.03 | Motivate Team Members 2/2                 | PO1 Eirhart    | First Aid Room  |
|           |         | Divisional Officer Period                 | Div O          |                 |





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| 2 Oct 2017 |             |   |               |                 |
|            | PO/EO       | DESCRIPTION   | INSTRUCTOR    | CLASSROOM       |
|            | M107.05     | Wear the Sea Cadet Uniform                                  | CPO Jaeger    | Navigation Room |
|            | M107.05     | Wear the Sea Cadet Uniform                                  | CPO Jaeger    | Navigation Room |
| PHASE I    | MX24.01     | Prepare for a Sail Weekend                                  | PO1 Grondin M | Seamanship Roon |
|            | C208.02     | Execute Drill With Arms                                     | CPO Dunbar    | Main Deck       |
|            | C208.02     | Execute Drill With Arms                                     | CPO Dunbar    | Main Deck       |
| PHASE II   | C208.02     | Execute Drill With Arms                                     | CPO Dunbar    | Main Deck       |
|            |             |   |               |                 |
|            | C323.01     | Communicate Using Flags and Pennants                        | PO1 Lynes     | First Aid Room  |
|            | C323.01     | Communicate Using Flags and Pennants                        | PO1 Lynes     | First Aid Room  |
| PHASE III  |             | Leadership/Survival Weekend Prep                            | CPO2 Jeager   | Navigation Room |
|            | T           | Participate in Positive Social Relations for Youth Training | PO1 George    | Seamanship Roon |
|            |             | Participate in Positive Social Relations for Youth Training | PO1 George    | Seamanship Roon |
| PHASE IV   |             | Leadership/Survival Weekend Prep                            | CPO2 Jeager   | Navigation room |

|           | PO/EO   | DESCRIPTION  | INSTRUCTOR     | CLASSROOM       |
|-----------|---------|--|----------------|-----------------|
|           | M108.08 | March and Halt in Quick Time                             | PO1 Lynes      | Seamanship Room |
|           | M103.02 | Map a Personal Goal for the Training Year                | PO1 Grondin. C | Navigation Room |
| PHASE I   | M103.01 | Identify the Responsibilites of a Follower in a Team     | PO1 Grondin. C | Navigation Room |
|           |         | T  | Ta-a-          | 1               |
|           | C203.05 | Participate in Trust-Building Activities                 | CPO Lawless    | Main Deck       |
|           | C203.05 | Participate in Trust-Building Activities                 | CPO Lawless    | Main Deck       |
| PHASE II  | MX24.01 | Prepare for a sail weekend                               | PO1 Grondin, M | First Aid Room  |
|           | M306.01 | Participate in a Recreational Marksmanship Activity 3/3  | CPO Dunbar     | Main Deck       |
|           | M306.01 | Participate in a Recreational Marksmanship Activity 3/3  | CPO Dunbar     | Main Deck       |
| PHASE III | M306.01 | Participate in a Recreational Marksmanship Activity 3/3  | CPO Dunbar     | Main Deck       |
|           |         |  |                |                 |
|           | M409.02 | Identify Elements of a Positive Learning Environment 1/2 | PO1 Rhode      | First Aid Room  |
|           | M409.02 | Identify Elements of a Positive Learning Environment 2/2 | PO1 Rhode      | First Aid Room  |
| PHASE IV  | M408.03 | Command a Squad  | PO1 Rhode      | Outside         |





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| 6 Oct 2017 |             |  |                |                 |
|            | PO/EO       | DESCRIPTION                                      | INSTRUCTOR     | CLASSROOM       |
|            | M108.06     | Execute the Movements Required for a Right Dress | CPO Dunbar     |                 |
|            | M108.07     | Execute an Open Order and Close Order March      | CPO Dunbar     |                 |
| PHASE I    |             | CO's Parade 26/10                                |                |                 |
|            |             |  |                |                 |
|            | M203.04     | Demonstrate Positive Group Dynamics 1/2          | PO1 Macllquham | Seamanship Roon |
|            | M203.04     | Demonstrate Posiive Group Dynamics 2/2           | PO1 Macllquham | Seamanship Roon |
| PHASE II   |             | CO's Parade 26/10                                |                |                 |
|            |             |  |                |                 |
|            | M309.02     | Identify Methods of Instruction 1/2              | PO1 Erhart     | Nav Room        |
|            | M309.02     | Identify Methods of Instruction 2/2              | PO1 Erhart     | Nav Room        |
| PHASE III  |             | CO's Parade 26/10                                |                |                 |
|            |             |  |                |                 |
|            | M403.04     | Provide Feedback to Team Members 1/2             | PO1 Grondin M  | First Aid Room  |
|            | M403.04     | Provide Feedback to Team Members 2/2             | PO1 Grondin M  | First Aid Room  |
| PHASE IV   |             | CO's Parade 26/10                                |                |                 |

|           | PO/EO   | DESCRIPTION  | INSTRUCTOR    | CLASSROOM           |
|-----------|---------|--|---------------|---------------------|
|           | M121.01 | Tie Knots, Bends and Hitches 3/4                         | PO1 Grondin M | Mess Deck           |
|           | M121.01 | Tie Knots, Bends and Hitches 4/4                         | PO1 Grondin M | Mess Deck           |
| PHASE I   | M108.09 | Execute Marking Time, Forward, and Halting in Quick Time | PO1 Tateham K | Main and Quarter De |
|           |         |  |               |                     |
|           | C221.02 | Make an Eye Splice 1/2                                   | PO1 Lynes     | Nav Room            |
|           | C221.02 | Make an Eye Splice 2/2                                   | PO1 Lynes     | Nav Room            |
| PHASE II  | C121.01 | Whip the End of a Line using West Country Whipping       |               |                     |
|           | C308.01 | Execute Flag Party Drill                                 | CPO Jeager    | Outside             |
|           | C308.01 | Execute Flag Party Drill                                 | CPO Jeager    | Outside             |
| PHASE III | C308.01 | Execute Flag Party Drill                                 | CPO Jeager    | Outside             |
|           |         |  |               |                     |
|           | M406.01 | Participate in a Recreational Marksmanship Activity 1/3  | CPO Dunbar    | Main Deck           |
|           | M406.01 | Participate in a Recreational Marksmanship Activity 2/3  | CPO Dunbar    | Main Deck           |
| PHASE IV  | M406.01 | Participate in a Recreational Marksmanship Activity 3/3  | CPO Dunbar    | Main Deck           |





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| 9 Nov 2017 |             |                       |   |            |           |
|            | PO/EO       | DESCRIPTION           |   | INSTRUCTOR | CLASSROOM |
|            |             | Remembrance Day Class |   |            |           |
|            |             | Remembrance Day Class |   |            |           |
| PHASE I    |             | Remembrance Day Class |   |            |           |
|            |             |                       |   |            |           |
|            |             | Remembrance Day Class |   |            |           |
|            |             | Remembrance Day Class |   |            |           |
| PHASE II   |             | Remembrance Day Class |   |            |           |
|            |             |                       |   |            |           |
|            |             | Remembrance Day Class |   |            |           |
|            |             | Remembrance Day Class |   |            |           |
| PHASE III  |             | Remembrance Day Class |   |            |           |
| •          |             |                       | _ |            | •         |
|            |             | Remembrance Day Class | _ |            |           |
|            |             | Remembrance Day Class |   |            |           |
| PHASE IV   |             | Remembrance Day Class |   |            |           |

|           | PO/EO   | DESCRIPTION   | INSTRUCTOR     | CLASSROOM       |
|-----------|---------|---|----------------|-----------------|
|           | M106.01 | Identify the Parts and Characteristics of the Daisy 853C Air Rifle                      | PO1 Tateham K  | Navigation Room |
|           | M106.02 | Carry Out Safety Precautions on the Cadet Air Rifle                                     | PO1 Tateham K  | Navigation Room |
| PHASE I   |         | Divisional Period   |                |                 |
|           | C207.01 | Identify the Rank Structure of the Royal Canadian Army and Air Cadets                   | PO1 Macliguham | Seamanship Room |
|           | M203.05 | Discuss Influence Behaviours  | PO1 Lynes      |                 |
| PHASE II  |         | Divisional Period   |                |                 |
|           | M303.04 | Communicate as a Team Leader 1/2  | PO1 Martin     |                 |
|           | M303.04 | Communicate as a Team Leader 2/2  | PO1 Martin     |                 |
| PHASE III |         | Divisional Period   |                |                 |
|           | M403.05 | Participate in a Mantaring Polationship 1/2   | PO1 Grondin C  | First Aid Room  |
|           | M403.05 | Participate in a Mentoring Relationship 1/2 Participate in a Mentoring Relationship 2/2 | PO1 Grondin C  | First Aid Room  |
| PHASE IV  |         | Divisional Period   |                |                 |





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| 3 Nov 2017 |             |   |                      |                 |
|            | PO/EO       | DESCRIPTION   | INSTRUCTOR           | CLASSROOM       |
|            |             | Participate in Positive Social Relations for Youth Training | PO1 George           |                 |
|            |             | Participate in Positive Social Relations for Youth Training | PO1 George           |                 |
| PHASE I    | M107.06     | Training Officer Period - CSTC Training Opportunities       | Trg O / Phase Trg Os | Mess Deck       |
|            |             |   |                      |                 |
|            | M221.02     | Mouse a Hook 1/2  | PO1 Martin           | Navagation Room |
|            | M221.02     | Mouse a Hook 2/2  | PO1 Martin           | Navagation Room |
| PHASE II   |             | Training Officer Period - CSTC Training Opportunities       | Trg O / Phase Trg Os | Mess Deck       |
|            |             |   |                      |                 |
|            | M303.06     | Solve Problems 1/2  | PO1 Grondin M        |                 |
|            | M303.06     | Solve Problems 2/2  | PO1 Grondin M        |                 |
| PHASE III  |             | Training Officer Period - CSTC Training Opportunities       | Trg O / Phase Trg Os | Mess Deck       |
|            |             |   |                      |                 |
| _          | M408.04     | Inspect a Cadet on Parade 1/2                               | PO1 Rhode            |                 |
|            | M408.04     | Inspect a Cadet on Parade 2/2                               | PO1 Rhode            |                 |
| PHASE IV   |             | Training Officer Period - CSTC Training Opportunities       | Trg O / Phase Trg Os | Mess Deck       |

| 0 Nov 2017 |       |                          |            |           |
|------------|-------|--------------------------|------------|-----------|
|            | PO/EO | DESCRIPTION              | INSTRUCTOR | CLASSROOM |
|            |       | LADYSMITH LIGHTUP PARADE | N/A        | N/A       |
|            |       | LADYSMITH LIGHTUP PARADE | N/A        | N/A       |
| PHASE I    |       | LADYSMITH LIGHTUP PARADE | N/A        | N/A       |
|            |       |                          |            |           |
|            |       | LADYSMITH LIGHTUP PARADE | N/A        | N/A       |
|            |       | LADYSMITH LIGHTUP PARADE | N/A        | N/A       |
| PHASE II   |       | LADYSMITH LIGHTUP PARADE | N/A        | N/A       |
|            |       |                          |            |           |
|            |       | LADYSMITH LIGHTUP PARADE | N/A        | N/A       |
|            |       | LADYSMITH LIGHTUP PARADE | N/A        | N/A       |
| PHASE III  |       | LADYSMITH LIGHTUP PARADE | N/A        | N/A       |
|            |       |                          |            |           |
|            |       | LADYSMITH LIGHTUP PARADE | N/A        | N/A       |
|            |       | LADYSMITH LIGHTUP PARADE | N/A        | N/A       |
| PHASE IV   |       | LADYSMITH LIGHTUP PARADE | N/A        | N/A       |





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| 7 Dec 2017 |             |  |                |           |
|            | PO/EO       | DESCRIPTION                            | INSTRUCTOR     | CLASSROOM |
|            | M123.01     | Define Basic Naval Terminology 1/2     | PO1 Tateham    | semanship |
|            | M123.01     | Define Basic Naval Terminology 2/2     | PO1 Tateham    | semanship |
| PHASE I    | M108.10     | Execute a Salute on the March          |                |           |
|            |             |  |                |           |
|            | M221.01     | Use a Strop for Slinging 1/3           |                |           |
|            | M221.01     | Use a Strop for Slinging 2/3           |                |           |
| PHASE II   | M221.01     | Use a Strop for Slinging 3/3           |                |           |
|            |             |  |                |           |
|            | M303.05     | Supervise Cadets 1/2                   | PO1 Macllquham | FIrst Aid |
|            | M303.05     | Supervise Cadets 2/2                   | PO1 Macllquham | FIrst Aid |
| PHASE III  | M309.03     | Describe Effective Speaking Techniques | PO1 Rhode      |           |
|            |             |  |                |           |
|            | M409.03     | Describe Learner Needs 1/2             | PO1 Grondin C  | Nav Room  |
|            | M409.03     | Describe Learner Needs 2/2             | PO1 Grondin C  | Nav Room  |
| PHASE IV   | C308.02     | Deliver Words of Command               |                |           |

|           | PO/EO | DESCRIPTION     | INSTRUCTOR | CLASSROOM |
|-----------|-------|-----------------|------------|-----------|
|           |       | MESS ETTIQUETTE | Coxn       |           |
|           |       | MESS ETTIQUETTE | Coxn       |           |
| PHASE I   |       | CO's Parade     |            |           |
|           |       |                 |            |           |
|           |       | MESS ETTIQUETTE | Coxn       |           |
|           |       | MESS ETTIQUETTE | Coxn       |           |
| PHASE II  |       | CO's Parade     |            |           |
|           |       |                 |            |           |
|           |       | MESS ETTIQUETTE | Coxn       |           |
|           |       | MESS ETTIQUETTE | Coxn       |           |
| PHASE III |       | CO's Parade     |            |           |
|           |       |                 |            |           |
|           | •     | MESS ETTIQUETTE | Coxn       |           |
|           | •     | MESS ETTIQUETTE | Coxn       |           |
| PHASE IV  |       | CO's Parade     |            |           |





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| 21 Dec 2017 |             |  |               |           |
|             | PO/EO       | DESCRIPTION  | INSTRUCTOR    | CLASSROOM |
|             | M106.03     | Apply Basic Marksmanship Techniques 1/2                  | PO1 Tateham K |           |
|             | M106.03     | Apply Basic Marksmanship Techniques 2/2                  | PO1 Tateham K |           |
| PHASE I     | M106.04     | Follow Rules and Commands on an Air Rifle                |               |           |
|             |             |  |               |           |
|             | M203.03     | Discuss Effective Communication in a Peer Setting        |               |           |
|             | M203.06     | Employ Problem Solving 1/2                               |               |           |
| PHASE II    | M203.06     | Employ Problem Solving 2/2                               |               |           |
|             |             |  |               |           |
|             | M321.01     | Describe Safety Procedures for Operating Lifting Devices | PO1 Lynes     |           |
|             | M321.02     | Rig Sheers 1/5   | PO1 Lynes     |           |
| PHASE III   | M321.02     | Rig Sheers 2/5   | PO1 Lynes     |           |
|             |             |  |               |           |
|             | C308.01     | Execute Flag Party Drill                                 |               |           |
|             | C308.01     | Execute Flag Party Drill                                 |               |           |
| PHASE IV    | M409.04     | Explain Assessment                                       |               |           |

| 28 Dec 2017 |       |                 |            |           |
|-------------|-------|-----------------|------------|-----------|
|             | PO/EO | DESCRIPTION     | INSTRUCTOR | CLASSROOM |
|             |       | Christmas Break |            |           |
|             |       | Christmas Break |            |           |
| PHASE I     |       | Christmas Break |            |           |
|             |       |                 |            |           |
|             |       | Christmas Break |            |           |
|             |       | Christmas Break |            |           |
| PHASE II    |       | Christmas Break |            |           |
|             |       |                 |            |           |
|             |       | Christmas Break |            |           |
|             |       | Christmas Break |            |           |
| PHASE III   |       | Christmas Break |            |           |
|             |       |                 |            | •         |
|             |       | Christmas Break |            |           |
|             |       | Christmas Break |            |           |
| PHASE IV    |       | Christmas Break |            |           |





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| 4 Jan 2018 |             |                 |            |           |
|            | PO/EO       | DESCRIPTION     | INSTRUCTOR | CLASSROOM |
|            |             | Christmas Break |            |           |
|            |             | Christmas Break |            |           |
| PHASE I    |             | Christmas Break |            |           |
|            |             |                 |            |           |
|            |             | Christmas Break |            |           |
|            |             | Christmas Break |            |           |
| PHASE II   |             | Christmas Break |            |           |
|            |             |                 |            |           |
|            |             | Christmas Break |            |           |
|            |             | Christmas Break |            |           |
| PHASE III  |             | Christmas Break |            |           |
|            |             |                 |            |           |
|            |             | Christmas Break |            |           |
|            |             | Christmas Break |            |           |
| PHASE IV   |             | Christmas Break |            |           |

| 1 Jan 2018 | PO/EO    | DESCRIPTION   | INSTRUCTOR    | CLASSROOM |
|------------|----------|---|---------------|-----------|
|            |          |   |               | CLASSROOM |
|            | M106.05  | Participate in Marksmanship Familiarization Using the Cadet Air Rifle 1/3 | PO1 Tateham K |           |
|            | M106.05  | Participate in Marksmanship Familiarization Using the Cadet Air Rifle 2/3 | PO1 Tateham K |           |
| PHASE I    | M106.05  | Participate in Marksmanship Familiarization Using the Cadet Air Rifle 3/3 | PO1 Tateham K |           |
|            | 14004.00 | In puri   |               |           |
|            | M221.03  | Reeve Blocks  |               |           |
|            | M221.04  | Identify Components of Tackles 1/2  |               |           |
| PHASE II   | M221.04  | Identify Components of Tackles 2/2  |               |           |
|            |          |   |               | 1         |
|            | M321.02  | Rig Sheers 3/5  |               |           |
|            | M321.02  | Rig Sheers 4/5  |               |           |
| PHASE III  | M321.02  | Rig Sheers 5/5  |               |           |
|            |          |   |               |           |
|            | M423.01  | Identify Aspects of a Chart 1/2   | Lt(N) Grant   |           |
|            | M423.01  | Identify Aspects of a Chart 2/2   | Lt(N) Grant   |           |
| PHASE IV   | M403.06  | Act as a Team Leader During a Leadership Appointment                      | PO1 Grondin C | Nav Room  |





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| 8 Jan 2018 |             |   |                      |            |
|            | PO/EO       | DESCRIPTION   | INSTRUCTOR           | CLASSROOM  |
|            | C106.02     | Clean and Store the Cadet Air Rifle                         | PO1 Tateham K        |            |
|            | C107.01     | Maintain the Sea Cadet Uniform                              | PO1 Macllquham       |            |
| PHASE I    |             | Training Officer Period - CSTC Applications                 | Trg O / Phase Trg Os | Mess Deck  |
|            |             |   |                      |            |
|            | M208.01     | Execute Left and Right Turns on the March 1/2               |                      |            |
|            | M208.01     | Execute Left and Right Turns on the March 2/2               |                      |            |
| PHASE II   |             | Training Officer Period - CSTC Applications                 | Trg O / Phase Trg Os | Mess Deck  |
|            | M202.07     | Load Codata Through a Loadarchin Associan ant 4/2           |                      |            |
|            | M303.07     | Lead Cadets Through a Leadership Assessment 1/2             |                      |            |
| DUA OF III | M303.07     | Lead Cadets Through a Leadership Assessment 2/2             | T 0 / Ph T 0         | Mass Deals |
| PHASE III  |             | Training Officer Period - CSTC Applications                 | Trg O / Phase Trg Os | Mess Deck  |
|            | C409.01     | Plan a Lesson 1/2   | PO1 Grondin C        | Nav Room   |
|            | C409.01     | Plan a Lesson 2/2   | PO1 Grondin C        | Nav Room   |
| PHASE IV   |             | Training Officer Period - CSTC Applications                 | Trg O / Phase Trg Os | Mess Deck  |
|            | •           |   | . 5                  |            |
| 5 Jan 2018 |             |   |                      |            |
|            | PO/EO       | DESCRIPTION   | INSTRUCTOR           | CLASSROOM  |
|            |             | Participate in Positive Social Relations for Youth Training |                      |            |
|            |             | Participate in Positive Social Relations for Youth Training |                      |            |
| PHASE I    |             | CO's Parade   |                      |            |
|            | 0000.00     | I Dantinia eta lia Danklara Calcina Astiritia               |                      |            |
|            | C203.06     | Participate in Problem-Solving Activities                   |                      |            |
| DUAGEU     | C203.06     | Participate in Problem-Solving Activities                   |                      |            |
| PHASE II   |             | CO's Parade   |                      |            |
|            | M309.05     | Select Appropriate Instructional Aids 1/2                   |                      | Ī          |
|            | M309.05     | Select Appropriate Instructional Aids 2/2                   |                      |            |
| PHASE III  |             | CO's Parade   |                      |            |
|            |             |   |                      |            |
|            | M423.02     | Use Navigation Instruments 1/2                              | Lt(N) Grant          |            |
|            | M423.02     | Use Navigation Instruments 2/2                              | Lt(N) Grant          |            |
| PHASE IV   |             | CO's Parade   |                      |            |





| Effective: | 20 Aug 2017 |  |               |           |
|------------|-------------|--|---------------|-----------|
| 1 Feb 2018 |             |  |               |           |
|            | PO/EO       | DESCRIPTION  | INSTRUCTOR    | CLASSROOM |
|            | M121.03     | Coil and Heave a Line 1/2  | PO1 Grondin M |           |
|            | M121.03     | Coil and Heave a Line 2/2  | PO1 Grondin M |           |
| PHASE I    | M108.05     | Execute Paces Forward and to the Rear                                |               |           |
|            |             |  |               |           |
|            | M206.01     | Participate in a Recreational Marksmanship Activity 1/3              |               |           |
|            | M206.01     | Participate in a Recreational Marksmanship Activity 2/3              |               |           |
| PHASE II   | M206.01     | Participate in a Recreational Marksmanship Activity 3/3              |               |           |
|            |             |  |               |           |
|            | M309.06     | Plan A Lesson 1/2  |               |           |
|            | M309.06     | Plan A Lesson 2/2  |               |           |
| PHASE III  | C307.04     | Participate in a Presentation on the Duke of Edinburgh Award Program |               |           |
|            |             |  |               |           |
|            | M423.03     | Describe Latitude and Longitude 1/4                                  | Lt(N) Grant   |           |
|            | M423.03     | Describe Latitude and Longitude 2/4                                  | Lt(N) Grant   |           |
| PHASE IV   | C408.01     | Discuss the History of Drill   |               |           |

|           | PO/EO   | DESCRIPTION                                  | INSTRUCTOR | CLASSROOM |
|-----------|---------|--|------------|-----------|
|           | M103.03 | Participate in Team Building Activities 1/2  | PO1 George | Main Deck |
|           | M103.03 | Participate in Team Building Activities 2/2  | PO1 George | Main Deck |
| PHASE I   | M108.11 | Pay Compliments with a Squad on the March    |            |           |
|           | M223.03 | Execute Notes using the Boatswain's Call 1/2 |            |           |
|           | M223.03 | Execute Notes using the Boatswain's Call 2/2 |            |           |
| PHASE II  | M223.01 | Define Ship Related Terms                    |            |           |
|           | 0000.00 | Dis D.:                                      |            |           |
| ļ         | C309.06 | Plan a Drill Lesson                          |            |           |
|           | C309.06 | Plan a Drill Lesson                          |            |           |
| PHASE III | M309.04 | Describe Questioning Techniques              |            |           |
|           | M409.05 | Instruct a 30 minute Lesson 1/3              |            |           |
|           | M409.05 | Instruct a 30 minute Lesson 2/3              |            |           |
| PHASE IV  | M409.05 | Instruct a 30 minute Lesson 3/3              |            |           |





| Effective:  | 20 Aug 2017 |   |             |           |
|-------------|-------------|---|-------------|-----------|
| 15 Feb 2018 |             |   |             |           |
|             | PO/EO       | DESCRIPTION                               | INSTRUCTOR  | CLASSROOM |
|             | C123.02     | Recite the Phonetic Alphabet 1/2          | PO1 Martin  |           |
|             | C123.02     | Recite the Phonetic Alphabet 2/2          | PO1 Martin  |           |
| PHASE I     | M108.04     | Close to the Right and Left               |             |           |
|             |             |   |             |           |
|             | M221.05     | Rig Tackles 1/3                           |             |           |
|             | M221.05     | Rig Tackles 2/3                           |             |           |
| PHASE II    | M221.05     | Rig Tackles 3/3                           |             |           |
|             |             |   |             |           |
|             | M323.01     | Perform Corps Duties 1/2                  |             |           |
|             | M323.01     | Perform Corps Duties 2/2                  |             |           |
| PHASE III   | C309.04     | Identify Formations for Drill Instruction |             |           |
|             |             |   |             |           |
| _           | M423.03     | Describe Latitude and Longitude 3/4       | Lt(N) Grant |           |
|             | M423.03     | Describe Latitude and Longitude 4/4       | Lt(N) Grant |           |
| PHASE IV    | C409.01     | Plan a Lesson (Drill Lesson)              |             |           |

|           | PO/EO   | DESCRIPTION   | INSTRUCTOR | CLASSROOM |
|-----------|---------|---|------------|-----------|
|           | MX04.01 | Identify Strategies to Improve Participation in Physical Activities | PO1 Martin |           |
|           | MX04.02 | Identify Strategies to Improve Participation in Physical Activities | PO1 Martin |           |
| PHASE I   |         | CO's Parade   |            |           |
|           |         |   |            |           |
|           | M223.04 | Pipe the General Call   |            |           |
|           | M223.05 | Pipe the Still  |            |           |
| PHASE II  |         | CO's Parade   |            |           |
|           |         |   |            |           |
|           | C309.01 | Deliver a One-Minute Verbal Presentation                            |            |           |
|           | C309.01 | Deliver a One-Minute Verbal Presentation                            |            |           |
| PHASE III |         | CO's Parade   |            |           |
|           |         |   |            |           |
|           | C309.05 | Describe Drill Instructional Techniques                             |            |           |
|           | C309.05 | Describe Drill Instructional Techniques                             |            |           |
| PHASE IV  |         | CO's Parade   |            |           |





| Effective: | 20 Aug 2017 |   |             |           |
|------------|-------------|---|-------------|-----------|
| Mar 2018   |             |   |             |           |
|            | PO/EO       | DESCRIPTION   | INSTRUCTOR  | CLASSROOM |
|            | C121.03     | Complete a Rolling Hitch                              | PO1 Erhart  |           |
|            | C121.04     | Complete a Marling Hitch                              | PO1 Erhart  |           |
| PHASE I    |             | Divisional Officer Period                             |             |           |
|            |             |   |             |           |
|            | M203.08     | Partcipate in Team Building Activities                |             |           |
|            | M203.07     | Discuss Personal Integrity as a Quality of Leadership |             |           |
| PHASE II   |             | Divisional Officer Period                             |             |           |
|            |             |   |             |           |
|            | C323.02     | Pipe Wakey Wakey 1/2                                  |             |           |
|            | C323.02     | Pipe Wakey Wakey 2/2                                  |             |           |
| PHASE III  |             | Divisional Officer Period                             |             |           |
|            |             |   |             |           |
| _          | M423.04     | Plot a Fix 1/2  | Lt(N) Grant |           |
|            | M423.04     | Plot a Fix 2/2  | Lt(N) Grant |           |
| PHASE IV   |             | Divisional Officer Period                             |             |           |

|           | PO/EO   | DESCRIPTION  | INSTRUCTOR | CLASSROOM       |
|-----------|---------|--|------------|-----------------|
|           | M121.02 | Whip the End of a Line Using a Common Whipping 1/2   | PO1 Erhart | Navigation Room |
|           | M121.02 | Whip the End of a Line Using a Common Whipping 2/2   | PO1 Erhart | Navigation Room |
| PHASE I   | C121.01 | Whip the End of a Line Using a West Country Whipping | •          |                 |
|           |         |  |            | _               |
|           | C121.02 | Whip the End of a Line Using a Sailmaker's Whipping  |            |                 |
|           | C121.02 | Whip the End of a Line Using a Sailmaker's Whipping  |            |                 |
| PHASE II  | C121.04 | Complete a Marlin Hitch                              |            |                 |
|           |         |  |            |                 |
|           | C321.01 | Rig Sheers   |            |                 |
|           | C321.01 | Rig Sheers   |            |                 |
| PHASE III | C321.01 | Rig Sheers   |            |                 |
|           |         |  |            |                 |
|           | C309.06 | Instruct a 15 Minute Drill Lesson                    |            |                 |
|           | C309.06 | Instruct a 15 Minute Drill Lesson                    |            |                 |
| PHASE IV  | C309.06 | Instruct a 15 Minute Drill Lesson                    |            |                 |





| Effective:  | 20 Aug 2017 |   |            |           |
|-------------|-------------|---|------------|-----------|
| 15 Mar 2018 |             |   |            |           |
|             | PO/EO       | DESCRIPTION   | INSTRUCTOR | CLASSROOM |
|             | C121.02     | Whip the End of a Line Using a Sailmaker's Whipping 1/2 | PO1 Lynes  |           |
|             | C121.02     | Whip the End of a Line Using a Sailmaker's Whipping 2/2 | PO1 Lynes  |           |
| PHASE I     |             | CO's Parade   |            |           |
|             |             |   |            |           |
|             | M223.06     | Pipe the Carry On                                       |            |           |
|             | M223.02     | Identify the Watch System                               |            |           |
| PHASE II    |             | CO's Parade   |            |           |
|             |             |   |            |           |
|             | M309.07     | Instruct a 15-Minute Lesson                             |            |           |
|             | M309.07     | Instruct a 15-Minute Lesson                             |            |           |
| PHASE III   |             | CO's Parade   |            |           |
|             |             |   |            |           |
|             | C308.03     | Practice Voice for Calling Drill Commands               |            |           |
|             | C308.03     | Practice Voice for Calling Drill Commands               |            |           |
| PHASE IV    |             | CO's Parade   |            |           |

| 22 Mar 2018 |       |              |            |           |
|-------------|-------|--------------|------------|-----------|
|             | PO/EO | DESCRIPTION  | INSTRUCTOR | CLASSROOM |
|             |       | Spring Break |            |           |
|             |       | Spring Break |            |           |
| PHASE I     |       | Spring Break |            |           |
|             |       |              |            |           |
|             |       | Spring Break |            |           |
|             |       | Spring Break |            |           |
| PHASE II    |       | Spring Break |            |           |
|             |       |              |            |           |
|             |       | Spring Break |            |           |
|             |       | Spring Break |            |           |
| PHASE III   |       | Spring Break |            |           |
|             |       |              |            |           |
|             |       | Spring Break |            |           |
|             |       | Spring Break |            |           |
| PHASE IV    |       | Spring Break |            |           |





| Effective:  | 20 Aug 2017 |              |            |           |
|-------------|-------------|--------------|------------|-----------|
| 29 Mar 2018 |             |              |            |           |
|             | PO/EO       | DESCRIPTION  | INSTRUCTOR | CLASSROOM |
|             |             | Spring Break |            |           |
|             |             | Spring Break |            |           |
| PHASE I     |             | Spring Break |            |           |
|             |             |              |            |           |
|             |             | Spring Break |            |           |
|             |             | Spring Break |            |           |
| PHASE II    |             | Spring Break |            |           |
|             |             |              |            |           |
|             |             | Spring Break |            |           |
|             |             | Spring Break |            |           |
| PHASE III   |             | Spring Break |            |           |
|             |             |              |            |           |
| _           |             | Spring Break |            |           |
|             |             | Spring Break |            |           |
| PHASE IV    |             | Spring Break |            |           |

| Apr 2018  |         |   |             |           |
|-----------|---------|---|-------------|-----------|
|           | PO/EO   | DESCRIPTION   | INSTRUCTOR  | CLASSROOM |
|           | M108.12 | Perform drill movements during an annual cermonial review |             |           |
|           | M108.12 | Perform drill movements during an annual cermonial review |             |           |
| PHASE I   | M108.12 | Perform drill movements during an annual cermonial review |             |           |
|           | M000 07 | Identify the December for Destrict A Obje                 | <del></del> |           |
|           | M223.07 | Identify the Procedure for Berthing A Ship                |             |           |
|           | M223.07 | Identify the Procedure for Berthing A Ship                |             |           |
| PHASE II  | C223.01 | Define Naval Terminology                                  |             |           |
|           | M309.07 | Instruct a 15-Minute Lesson                               |             | T         |
| ľ         | M309.07 | Instruct a 15-Minute Lesson                               |             |           |
| PHASE III | M309.07 | Instruct a 15-Minute Lesson                               |             |           |
|           |         |   |             |           |
|           | M408.03 | Command a Squad   |             |           |
|           | M408.03 | Command a Squad   |             |           |
| PHASE IV  | M408.03 | Command a Squad   |             |           |





| Effective:  | 20 Aug 2017 |   |            |           |
|-------------|-------------|---|------------|-----------|
| 12 Apr 2018 |             |   |            |           |
|             | PO/EO       | DESCRIPTION   | INSTRUCTOR | CLASSROOM |
|             | M123.02     | Identify Pipes and the Correct Responses                  |            |           |
|             | M123.03     | Participate in a Review of Ship's Operations              |            |           |
| PHASE I     | C107.03     | Participate in an Activity about the History of the Corps |            |           |
|             |             |   |            |           |
|             | C221.01     | Make a Back Splice 1/2                                    |            |           |
|             | C221.01     | Make a Back Splice 2/2                                    |            |           |
| PHASE II    | C223.02     | Pipe the Side   |            |           |
|             |             |   |            |           |
|             | M303.02     | Participate in a Mentoring Relationship                   |            |           |
|             | M303.03     | Practice Self Assessment                                  |            |           |
| PHASE III   | M308.02     | Deliver Words of Command                                  |            |           |
|             |             |   |            |           |
|             | C409.06     | Instruct a 30-Minute Drill Lesson 1/3                     |            |           |
|             | C409.06     | Instruct a 30-Minute Drill Lesson 2/3                     |            |           |
| PHASE IV    | C409.06     | Instruct a 30-Minute Drill Lesson 3/3                     |            |           |

|           | PO/EO | DESCRIPTION                    | INSTRUCTOR | CLASSROOM |
|-----------|-------|--------------------------------|------------|-----------|
|           |       | Complementary Training For ACR |            |           |
|           |       | Complementary Training For ACR |            |           |
| PHASE I   |       | Complementary Training For ACR |            |           |
|           |       |                                |            |           |
|           |       | Complementary Training For ACR |            |           |
|           |       | Complementary Training For ACR |            |           |
| PHASE II  |       | Complementary Training For ACR |            |           |
|           |       |                                |            |           |
|           |       | Complementary Training For ACR |            |           |
|           |       | Complementary Training For ACR |            |           |
| PHASE III |       | Complementary Training For ACR |            |           |
|           |       |                                |            |           |
|           |       | Complementary Training For ACR |            |           |
|           |       | Complementary Training For ACR |            |           |
| PHASE IV  |       | Complementary Training For ACR |            |           |





| Effective:  | 20 Aug 2017 |                                |            |           |
|-------------|-------------|--------------------------------|------------|-----------|
| 26 Apr 2018 |             |                                |            |           |
|             | PO/EO       | DESCRIPTION                    | INSTRUCTOR | CLASSROOM |
|             |             | Complementary Training For ACR |            |           |
|             |             | Complementary Training For ACR |            |           |
| PHASE I     |             | CO's Parade                    |            |           |
|             |             |                                |            |           |
|             |             | Complementary Training For ACR |            |           |
|             |             | Complementary Training For ACR |            |           |
| PHASE II    |             | CO's Parade                    |            |           |
|             |             |                                |            |           |
|             |             | Complementary Training For ACR |            |           |
|             |             | Complementary Training For ACR |            |           |
| PHASE III   |             | CO's Parade                    |            |           |
|             |             |                                |            |           |
| _           |             | Complementary Training For ACR |            |           |
|             |             | Complementary Training For ACR |            |           |
| PHASE IV    |             | CO's Parade                    |            |           |

| May 2018  |       |                                |            |           |
|-----------|-------|--------------------------------|------------|-----------|
|           | PO/EO | DESCRIPTION                    | INSTRUCTOR | CLASSROOM |
|           |       | Complementary Training For ACR |            |           |
|           |       | Complementary Training For ACR |            |           |
| PHASE I   |       | Complementary Training For ACR |            |           |
|           |       |                                |            |           |
| <u>_</u>  |       | Complementary Training For ACR |            |           |
|           |       | Complementary Training For ACR |            |           |
| PHASE II  |       | Complementary Training For ACR |            |           |
| T         |       | Complementary Training For ACR |            | <u> </u>  |
|           |       | Complementary Training For ACR |            |           |
| PHASE III |       | Complementary Training For ACR |            |           |
|           |       |                                |            |           |
|           |       | Complementary Training For ACR |            |           |
|           |       | Complementary Training For ACR |            |           |
| PHASE IV  |       | Complementary Training For ACR |            |           |





| Effective:  | 20 Aug 2017 |                                |            |           |
|-------------|-------------|--------------------------------|------------|-----------|
| 10 May 2018 |             |                                |            |           |
|             | PO/EO       | DESCRIPTION                    | INSTRUCTOR | CLASSROOM |
|             |             | Complementary Training For ACR |            |           |
|             |             | Complementary Training For ACR |            |           |
| PHASE I     |             | Complementary Training For ACR |            |           |
|             |             |                                |            |           |
|             |             | Complementary Training For ACR |            |           |
|             |             | Complementary Training For ACR |            |           |
| PHASE II    |             | Complementary Training For ACR |            |           |
|             |             |                                |            |           |
|             |             | Complementary Training For ACR |            |           |
|             |             | Complementary Training For ACR |            |           |
| PHASE III   |             | Complementary Training For ACR |            |           |
|             |             |                                |            |           |
| _           |             | Complementary Training For ACR |            |           |
|             |             | Complementary Training For ACR |            |           |
| PHASE IV    |             | Complementary Training For ACR |            |           |

|           | PO/EO | DESCRIPTION                    | INSTRUCTOR | CLASSROOM |
|-----------|-------|--------------------------------|------------|-----------|
|           |       | Complementary Training For ACR |            |           |
|           |       | Complementary Training For ACR |            |           |
| PHASE I   |       | Complementary Training For ACR |            |           |
|           |       |                                |            |           |
|           |       | Complementary Training For ACR |            |           |
|           |       | Complementary Training For ACR |            |           |
| PHASE II  |       | Complementary Training For ACR |            |           |
|           |       |                                |            |           |
|           |       | Complementary Training For ACR |            |           |
|           |       | Complementary Training For ACR |            |           |
| PHASE III |       | Complementary Training For ACR |            |           |
|           |       |                                |            |           |
|           |       | Complementary Training For ACR |            |           |
|           |       | Complementary Training For ACR |            |           |
| PHASE IV  |       | Complementary Training For ACR |            |           |





| Effective:  | 20 Aug 2017 |                                |            |           |
|-------------|-------------|--------------------------------|------------|-----------|
| 24 May 2018 | _           |                                |            |           |
| -           | PO/EO       | DESCRIPTION                    | INSTRUCTOR | CLASSROOM |
|             |             | Complementary Training For ACR |            |           |
|             |             | Complementary Training For ACR |            |           |
| PHASE I     |             | CO's Parade                    |            |           |
|             |             |                                |            |           |
|             |             | Complementary Training For ACR |            |           |
|             |             | Complementary Training For ACR |            |           |
| PHASE II    |             | CO's Parade                    |            |           |
|             |             |                                |            |           |
|             |             | Complementary Training For ACR |            |           |
|             |             | Complementary Training For ACR |            |           |
| PHASE III   |             | CO's Parade                    |            |           |
|             |             |                                |            |           |
|             |             | Complementary Training For ACR |            |           |
|             |             | Complementary Training For ACR |            |           |
| PHASE IV    |             | CO's Parade                    |            |           |

|           | PO/EO | DESCRIPTION                    | INSTRUCTOR | CLASSROOM |
|-----------|-------|--------------------------------|------------|-----------|
|           |       | Complementary Training For ACR |            |           |
|           |       | Complementary Training For ACR |            |           |
| PHASE I   |       | Complementary Training For ACR |            |           |
|           |       |                                |            | _         |
|           |       | Complementary Training For ACR |            |           |
|           |       | Complementary Training For ACR |            |           |
| PHASE II  |       | Complementary Training For ACR |            |           |
|           |       | Complementary Training For ACR |            | <u> </u>  |
|           |       | Complementary Training For ACR |            |           |
| PHASE III |       | Complementary Training For ACR |            |           |
|           |       | TO 1                           |            | 1         |
|           |       | Complementary Training For ACR |            |           |
|           |       | Complementary Training For ACR |            |           |
| PHASE IV  |       | Complementary Training For ACR |            |           |





| Effective: | 20 Aug 2017 |                                |          |            |           |
|------------|-------------|--------------------------------|----------|------------|-----------|
| 7 Jun 2018 |             |                                |          |            |           |
|            | PO/EO       | DESCRIPTION                    |          | INSTRUCTOR | CLASSROOM |
|            |             | Complementary Training For ACR |          |            |           |
|            |             | Complementary Training For ACR |          |            |           |
| PHASE I    |             | Complementary Training For ACR |          |            |           |
|            |             |                                |          |            |           |
|            |             | Complementary Training For ACR |          |            |           |
|            |             | Complementary Training For ACR |          |            |           |
| PHASE II   |             | Complementary Training For ACR |          |            |           |
|            |             |                                |          |            |           |
|            |             | Complementary Training For ACR |          |            |           |
|            |             | Complementary Training For ACR |          |            |           |
| PHASE III  |             | Complementary Training For ACR |          |            |           |
|            |             |                                |          |            |           |
|            |             | Complementary Training For ACR |          |            |           |
|            |             | Complementary Training For ACR | •        |            |           |
| PHASE IV   |             | Complementary Training For ACR | <u> </u> |            |           |